Whiteside

It's the do-it-yourself vaccine that can help keep you healthy! Regular handwashing is a simple, effective way to keep the germs away and keep you on your feet. Plain soap and warm water work just fine!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. **WELLNESS IS A WAY OF LIFE!**



* indicates the item contains Pork

This institution is an equal opportunity provider. Menus are subject to change.

Monday, December 2

Breakfast Mini Cinnis

Lunch -Chicken Quesadilla -Mini Corn Dogs -Popcorn Chicken Salad & Bosco Stick -Deli Sandwich **Seasoned Carrots** Chilled Pears Cold Milk

Tuesday, December 3

Breakfast **Strawberry Pop Tarts**

Lunch -Sausage, Egg & Cheese Croissant* -Hamburaer on Bun -Italian Salad & Bosco Stick* -Deli Sandwich French Fries Chilled Applesauce Cold Milk

Wednesday, December 4

Breakfast Pancake & Sausage on Stick*

Lunch -Popcorn Chicken, Pretzel Bites & Cheese Sauce -Turkey & Cheese Wrap -Chef Salad & Bosco Stick -Deli Sandwich

Steamed Broccoli Mixed Fruit Cold Milk

Thursday, December 5

Breakfast Cinnamon Toast Crunch Muffin Lunch

-Baked Potato, Cheese & Bosco Stick -Hot & Spicy Chicken Sandwich -Italian Salad & Bosco Stick*

-Deli Sandwich Green Beans

Chilled Peaches Cold Milk

Friday, December 6

Breakfast Breakfast Bagel*

Lunch -Cheesy Beef Nachos -Fish Shapes & Cornbread Muffin -Chef Salad & Bosco Stick -Deli Sandwich

Cheesy Refried Beans Fresh Apple Cold Milk

363.63.63 Available Paily

We offer General Mills Cereal and Cereal Bars as additional Entrée choices. Breakfast includes milk, fruit and juice choice.

Monday, December 9

Breakfast Cheesy Chicken Biscuit

Lunch -Cheese Pizza -Corn Doa -Popcorn Chicken Salad & Bosco Stick -Deli Sandwich **Baby Carrots** Chilled Pears Cold Milk

Tuesday, December 10

Breakfast Cinnamon Roll Lunch -French Toast Sticks & Sausage* -Breaded Chicken Sandwich -Italian Salad & Bosco Stick* -Deli Sandwich Green Beans Chilled Applesauce

Gogurt Yogurt

Cold Milk

Wednesday, December II

Breakfast Strawberry Cream Cheese Bagel

Lunch -Chicken Nuggets & Macaroni -Hot Ham & Cheese Sandwich -Chef Salad & Bosco Stick -Deli Sandwich **Baked Beans** Chilled Peaches Cold Milk

Thursday, December 12

Breakfast Banana Bread

Lunch -Orange Chicken & Fried Rice -Hamburaer on Bun -Italian Salad & Bosco Stick* -Deli Sandwich Steamed Broccoli Chilled Pineapple Fortune Cookie Cold Milk

Friday, December 13

Breakfast Breakfast Pizza*

Lunch -Chili with Crackers -Fish Sandwich -Chef Salad & Bosco Stick -Deli Sandwich Sweet Corn Orange Smiles Tiger Bites Cold Milk